

CAMHS: Harrow Future in Mind Update

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- In March 2015 the government published **Future in Mind**, their strategy for promoting, protecting and improving children and young people’s mental health and wellbeing. This was attached to local funding
- Harrow CCG Governing body & Health & Wellbeing Board approved the NWL Future in Mind plan in **October 2015**
- NHSE Approved the NWL Future in Mind & Harrow Future in Mind Plan **December 2015**
- NHSE Future in Mind Funding for Harrow CCG to deliver the plan is **recurrent until 2020**
- Harrow’s Local priority is to develop an **integrated Emotional Health and Wellbeing Targeted Service**
- This will be an **early intervention/prevention provision**, targeted at children and young people with an identified need, including Children Looked After, children and young people with challenging behaviour, bereavement, life events, school exclusion, OCD, learning difficulties with eating/sleeping, ADHD and ASD



Future in Mind	Funding for Harrow CCG
Transformation funding allocation	£304,840
Eating Disorder funding allocation	£121,785
Total	£426,625

- **Supporting Co-Production:** Improving communication with the public utilising young people friendly communication processes and focussing on mental health promotion, information about services and conditions and peer support
- **Training:** For the workforce, professionals, parents working with/ with CYP with mental health needs
- **Community Eating Disorder Service:** A new service for Harrow CYP with an eating disorder or associated need
- **Transforming Pathways:** An integrated pathway of care for CYP in Harrow, including transition and the development of A joint Emotional Health and Wellbeing Targeted Service: Offering open access for Harrow CYP with an identified need. Working to target identified vulnerable CYP in Harrow such as: Children in Need, Children Looked After, and CYP with challenging behaviour, bereavement, life events, school exclusion, OCD, difficulties with eating/sleeping, Learning difficulties, ADHD and ASD. Our ambition is to increase the transition age up to 25years
- **Developing an integrated pathway:** For Learning difficulties, ASD and ADHD
- **Crisis and Urgent Care Pathways:** development of crisis care pathways and capacity. Challenging behaviour: Developing early intervention provision for personality disorder

Future in Mind Update

Key milestones:

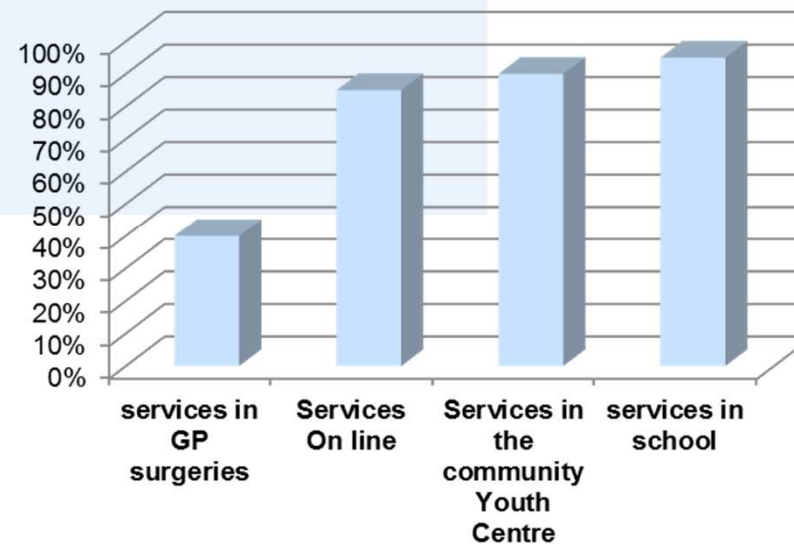
Activity	Date
Full time Project Manager for Harrow FiM	From April 2016
Full time Engagement lead for Harrow FiM	From April 2016
New Community Eating disorder service 'Live'	From April 2016
Pilot project Harrow (incl Learning disabilities) : selected providers and schools/GP practices	May 2016
CAMHS Out-Of-Hours Liaison Pilot working well & being evaluated in July 16	From Jan 2016
Developing the CAMHS Crisis pathway-	On-going
Developing a NW London CAMHS Single point of access SPA	On-going
NW London CAMHS pathway and training needs analysis & review of CAMHS Tier 3 pathways across NW London underway (Anna Freud Centre)	March 2016
Research, development and scoping underway for Harrow joint service	April 2016
Draft service and cost modelling underway	May 2016
Engagement with key stakeholders (schools, health, social care, parents, children & young people)	April 2016

New Eating disorder service	<ul style="list-style-type: none">• Patients within CAMHs have been transitioning into new service• New service will allow professional and self-referral
CAMHS OOHS Nurse Pilot	<ul style="list-style-type: none">• Team of 8 qualified nurses to cover• Chelsea and Westminster Hospital• St Marys Hospital• Northwick Park Hospital• Hillingdon Hospital <p>Has been fully operational since 4 January 2016</p> <ul style="list-style-type: none">• 44 CYP have accessed this pilot since launch and 1 CYP was admitted to hospital
Four Harrow GP Peer Groups attended	
Parents workshops held at; Cedars Children's Centre and Kingsley Special School	
Children and young people's workshops; Canons School (Year 9's), Civic Centre, Harrow college and 'Beyond Limits' children looked after youth group	
Regular newsletter with project updates to be circulated to all stakeholders	

Emerging feedback themes from engagement events

- **Professionals (children’s social care, education, health, voluntary sector, GP’s)**
 - Golden Number
 - Reduced waiting times
 - Sign posting CYP appropriately
 - Better communication with multi-agency working (confidentiality)
- **Parents**
 - Holistic and creative therapies
 - Access to Community based service
 - Home therapies (outreaching)
 - Training and information for parents to monitor CYP developmental stages (early intervention)
- **Children and young people**
 - Youth Centre based service
 - Counsellors in school and mentors outside
 - Awareness and training for Parents
 - Teaching all CYP resilience

CYP Service Location



Harrow Pilot ;Emotional Health and Wellbeing Service

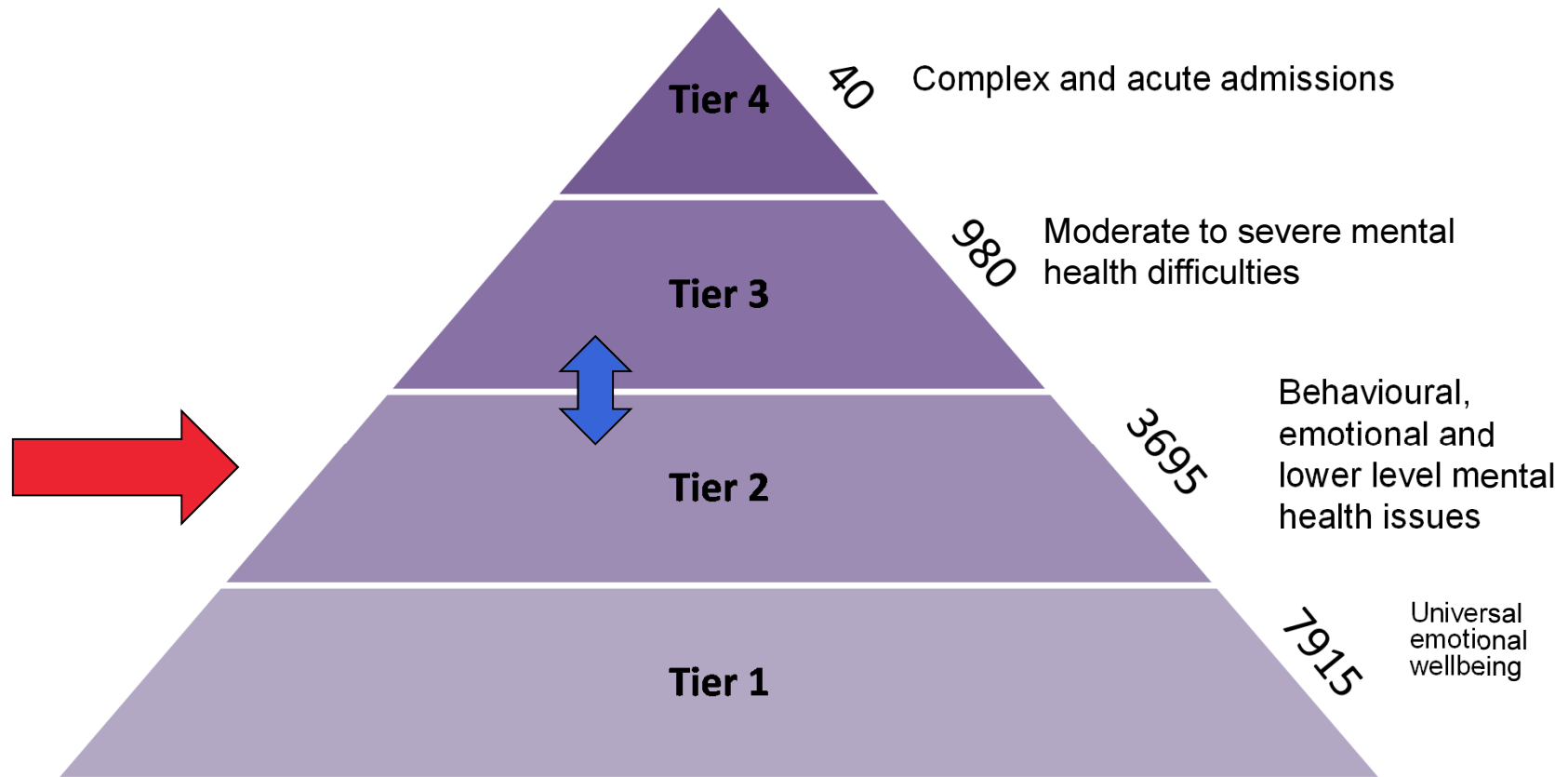
- Providers were invited to put forward a proposal bid
- Four proposals were received and evaluated (joint panel – CCG and Local Authority)
- The **Brandon Centre** was the chosen provider for the mainstream schools pilots - providing one Clinical psychologist (Band 8A) and one Clinical psychologist (Band 7)
- **CNWL** was the chosen provider for the special schools pilot – one Clinical Psychologist (Band 7) and one Assistant Psychologist (Band 5)
- Schools put forward expressions of interest to be pilot sites
- Expressions of interest were received from **all school clusters**
- A panel of the CCG, Local Authority and providers met to select the schools for the pilot – the outcome was:
 - **Alexandra Primary and Shaftesbury High School (special schools pilot),**
 - **Central Harrow Cluster (mainstream pilot)- Belmont Primary School, Elmgrove Primary School, Norbury Primary School, Whitefriars Community School & Harrow High School**
- Recruitment underway and pilot will launch in **July 2016**

- Initial scoping of the **joint emotional health and wellbeing targeted service** for Harrow Children and young people is underway
- The service will be:
 - **Needs led**; short- medium intervention
 - **Targeted intervention** to prevent escalation of needs
 - An **innovative** and **sustainable** model
 - Emotional health wellbeing **reliance** building for Harrow’s CYP & families
- The outcome of the pilot will help inform the types of interventions available in the service model
- The following slide details the scoping, analyse and timeline of the project

Ref	Task	Apr-16				May-16				
		4	11	18	25	2	9	16	23	30
[Phase 1] Scoping and Planning										
Needs Analyse	Map current demand for tier 2/ preventable demand for tier 3 - desk based research and data request to schools plus current demand on Tier 3/4 CAMHS - to identify projected demand. Analyse type and volume of demand - needs, referral routes etc.									
Benchmarking	Desk-based research into tier 2 models in other areas									
Scoping of model	Clarify what is the scope of the model with all stakeholders									
Setting aims & objectives for the service	Visioning exercise with key stakeholders (linking to outcomes)									
Available joint funding	Survey to schools re: current spend on mental health provision. Plus formalise financial commitment from LA.									
Setting outcomes	Develop outcomes with the schools, building on the pilot outcomes and children and young people's views									
3 option model designs	Modelling of different options									
Cost analyse	Cost benefit analysis to include: costs, efficiencies, benefits (economic, social), benefit/cost ratio									
Business case	Produce business case to include: strategic case, economic case, commercial case, financial case, management case									
Draft Service Specification	Following approval of the business case									

Project Scoping: Joint Harrow Emotional health & wellbeing service

Needs analysis for Harrow



Date source: Office for National Statistics mid-year population estimates for 2012. Green, H. et al 2004

- Pilot launches in **July 2016**
- Continual monitoring & feedback from the pilot
- Revise project/ procurement timeline
- Presentation and agreement on service model
- Agreed investment and timeline from stakeholders for service
- Business case presented to Harrow CCG Governing Body and Health and wellbeing board